

Reach Your Health Goals Safely From Home



Managing chronic conditions and symptoms on your own can feel overwhelming. Especially during COVID-19, where many are experiencing feelings of isolation and uncertainty. HealthWatch™ is here to help! In an effort to ensure you are safely reaching your health goals, our team of Care Specialists can assist you in the following various ways:

REMOTE MONTHLY CHECK-INS

Staying home and practicing social distancing is one of the most effective ways you can avoid contracting COVID-19. With Chronic Care Management, a Care Specialist can call you from the comfort of your home and answer any questions you may have about managing your condition. Your Provider will then receive an update to ensure they are aware of any new developments with your health.

PREVENT EMERGENCY VISITS

By communicating more frequently with your Care Specialist each month, your Provider will have more insight into your overall health and wellness versus a traditional visit that might happen every 6 months. This frequent interaction can also help raise any flags with your health that might need to be addressed in order to help you avoid hospital stays and high out-of-pocket expenses. This is especially important during a pandemic to avoid the risk of exposure.

ANCILLARY SERVICES

Your Care Specialist can also assist you with other needs such as the use of and need for medical supplies, medication reconciliation, nutrition mentoring, prescription discounts, and assistance with finding local services such as grocery or meal deliveries. These services can help you avoid unnecessary trips in public areas where you have a higher chance of being exposed.

A PARTNER INVESTED IN YOU

HealthWatch can provide you with the tools and resources you need in order to best manage your health from home while empowering you to improve your quality of life and reduce your healthcare costs.



ASSOCIATED
UROLOGICAL
SPECIALISTS



HealthWatch™

Ask your Provider about getting started with HealthWatch today!