

Appt. Date: _____ / _____ / _____

The UroCuff® Test

Active BPH management.

Appt. Time: _____ :

Patient: _____

Physician: _____

How to prepare for a successful test.

- Drink 32 oz of water one hour before your appointment to ensure you arrive with a comfortably full bladder.
Note: If you are not quite full upon arriving, ask reception for water to drink and have a seat in the waiting room.
- Notify reception when your bladder is full and you feel like the “need to go” face below.
- Let reception know if you have any questions.

..... BLADDER URGENCY SCALE



No urge



Could go



Want to go



Need to go



Cant wait!

FREQUENTLY ASKED QUESTIONS

What is the purpose of the UroCuff Test?

UroCuff Testing allows your doctor to evaluate how your bladder and the bladder outlet are functioning. This information will help you and your doctor determine the best treatment plan.

How long will the test take?

The test usually takes between 5 to 10 minutes.

What will happen during my test?

When you are ready for the test, you will be brought to a private room. A small cuff is fitted to your penis, and surface electrodes may also be placed on your abdomen and/or perineum. You will be asked to void into a portable toilet. While you're voiding, the cuff will apply pressure until your urine flow is reduced or stopped. The inflation intervals will continue until you've emptied your bladder completely. The cuff and electrodes will then be removed.

Is the test uncomfortable?

For most patients, the test is not uncomfortable. Some patients may experience mild discomfort while the cuff is inflating.